



Connect 4 Communities and Hampshire County Council have provided a range of useful information to help children and families across Hampshire:

Advice Topic Area (A-Z)	Key Organisations	Where to Find Information
<b>Benefits Advice</b>	Citizens Advice – Hampshire and District level. There are a number of local offices – check the link for the nearest one to your scheme.	FISH – <a href="#">Information Hub - Search Results   Family Information and Services Hub (hants.gov.uk)</a>
<b>Childcare Provision</b>	Please search on FISH for local childcare providers	<a href="#">Childcare and Early Years Education - Search Results   Family Information and Services Hub (hants.gov.uk)</a>
<b>Children's Services</b>	Hampshire County Council's Children's Services  Provides safeguarding and social care services, education and information on childcare.	<a href="#">Children and families   Children and Families   Hampshire County Council (hants.gov.uk)</a>
<b>Domestic Abuse</b>	There are a number of services that you can access locally and nationally. Please search on FISH.  NSPCC and others have lists of signs that can help you recognise the effects of domestic abuse on children.	FISH - <a href="#">Information Hub - Search Results   Family Information and Services Hub (hants.gov.uk)</a>  <a href="#">How to Protect Children From Domestic Abuse   NSPCC</a>
<b>Employment Advice</b>	Jobcentre Plus Help to find work can be found on Gov.UK <b>Find a Job</b> – to search for current job vacancies  <b>Job Help</b> – provides hints and tips on applying for jobs and job search ideas.  <b>Kickstart</b> offers a six month paid work placement to 16-24 year olds who are in receipt of Universal Credit. For more information young people should send a journal message from their digital account to their work coach to express an interest in the scheme,	<a href="https://www.gov.uk/find-a-job">https://www.gov.uk/find-a-job</a>  <a href="https://jobhelp.campaign.gov.uk/">https://jobhelp.campaign.gov.uk/</a>  <a href="https://jobhelp.campaign.gov.uk/kickstart/">https://jobhelp.campaign.gov.uk/kickstart/</a>



<b>Family Support Service</b>	Hampshire County Council's service for families with children aged 0–19 years (or up to 25 for young adults with learning difficulties and/or disabilities).	<a href="#">Family Support Service (FSS)   Children and Families   Hampshire County Council (hants.gov.uk)</a>
<b>Financial Advice and Education</b>	<p>Citizens Advice (local)</p> <p>Money Advice Service (national)</p> <p>National Debtline (national)</p> <p>StepChange debt advice (national)</p>	FISH – <a href="#">Financial problems and relationships   Family Information and Services Hub (hants.gov.uk)</a>
<b>Food poverty</b>	Food banks and pantries	FISH - <a href="#">Information Hub - Search Results   Family Information and Services Hub (hants.gov.uk)</a>
<b>Health (physical)</b>	<p>Oral health – keeping teeth healthy</p> <p>School Nurse Service – provided by Southern Health NHS Trust and known as Hampshire Healthy Families. A list of School Nurse Service local contacts is attached at Appendix B.</p> <p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p><a href="#">Children's teeth - NHS (www.nhs.uk)</a></p> <p><a href="#">Hampshire Healthy Families Portal</a></p> <p><a href="https://www.nhs.uk/change4life">https://www.nhs.uk/change4life</a>  <a href="https://www.nhs.uk/oneyou/active10/home/">https://www.nhs.uk/oneyou/active10/home/</a></p>
<b>Housing Advice</b>	<p>The local District Council is responsible for Housing Services and there is helpful information on FISH relating to various housing services. There are also contact details for support with adapting homes for children with disabilities.</p> <p>Housing Benefits advice - Citizens Advice. Applications for Housing Benefit are made to the local District Council.</p>	<p>FISH - <a href="#">Information Hub - Search Results   Family Information and Services Hub (hants.gov.uk)</a></p> <p>FISH - <a href="#">Housing Benefit   Family Information and Services Hub (hants.gov.uk)</a></p>
<b>Mental Health</b>	Community and Mental Health Service for Hampshire	<p><a href="#">CAMHS (hampshirecamhs.nhs.uk)</a></p> <p>Kooth - <a href="#">Home - Kooth</a></p>



	<p>The Kooth mental health app is available for young people aged 11 and above.</p> <p>Mental Wellbeing Hampshire website for signposting</p>	<p><a href="#">Mental Wellbeing Hampshire   Health and social care   Hampshire County Council (hants.gov.uk)</a></p>
<b>Nutritional Information</b>	<p>Change4Life resources from Public Health England – focusing on healthy eating and physical activity for children.</p>	<p><a href="#">Home   Change4Life (www.nhs.uk)</a></p>
<b>Reading and Literacy</b>	<p>Hampshire Libraries <a href="http://www.hants.gov.uk/libraries">www.hants.gov.uk/libraries</a></p> <p>Joining the library is free.</p> <p>Summer Reading Challenge – free activity for children 4-11. Read or listen to 6 books and win a medal and certificate</p> <p>Other Library offers include storytime and rhymetime sessions, free holiday activity events, Code Clubs, Chatterbooks groups</p> <p>Libraries have rooms that can be hired for sessions and some will be able to offer facilitated sessions for families to join the library and have a story in branch.</p> <p>A useful booklist to help children understand difficult situations called ‘When a book might help’ this can be found at <a href="#">When a book might help... – Hampshire Library Service (hampshirelibraries.blog)</a></p> <p>Libraries also hold Reading Well collections for adults and young people on topics ranging from mental health to eating disorders and long-term health conditions.</p>	<p>40 libraries across Hampshire – see website for opening times <a href="http://www.hants.gov.uk/library">www.hants.gov.uk/library</a></p> <p><a href="http://www.hants.gov.uk/librariesandarchives/kidszone">www.hants.gov.uk/librariesandarchives/kidszone</a></p>



	<p>Library resources can be accessed digitally through the Borrow Box app and via their website <a href="#">Digital library   Hampshire County Council (hants.gov.uk)</a></p>	
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